

**COLD SPRING HARBOR SCHOOLS**  
**COLD SPRING HARBOR JR. /SR. HIGH SCHOOL**  
*Office of the Director of Physical Education and Athletics*

**February 2012**

**OBSERVATION & COMMENT FROM THE DIRECTOR**

**PHYSICAL EDUCATION:** Once again our High School Physical Education Staff will be teaching our students in grades 7-12 CPR and AED. This program has been taught by our Physical Education Staff long before I arrived in 1999. The program of instruction is taught by our fully Red Cross Staff. Each student will have the opportunity to learn Adult CPR and AED and become certified. Many students will be able to use their certification for summer employment. Our staff has always felt that this program is very valuable for our students and makes our community safer.

In previous years, any student who passed the practical and performance requirements would receive their Red Cross Card free of charge from the Red Cross. That is no longer the case. If a student would like to receive a card it will cost them \$20.00. As of this date and time the staff and I are trying to work out a method payment that would meet the Red Cross guidelines. Nothing is easy anymore.

**CARDIAC SCREENING BEING OFFERED:** *See attached letter*

**CONGRATULATIONS TO:** JOHN LIBRETTI...John made the 2<sup>nd</sup> Team Class B New York State Football Team awarded by the NY State Sports Writer Association. Congratulations to John!!!!

**WINTER SPORT UPDATE: PLAYOFFS LOOMING...**

Check out [www.cshathletics.com](http://www.cshathletics.com) to see latest games scores, games summaries, and upcoming game schedules updated daily

**SCOREBOARD**

**Varsity Boys Basketball**

**CSH 35 Oyster Bay 44**

**CSH 56 Friends 35**

**Friday 1/27 CSH vs. Malverne 7:45 PM Home**

**Tuesday 1/31 CSH vs. Locust Valley 6:30 PM Away**

**Varsity Girls Basketball**

**CSH 62 Oyster Bay 32**

**CSH 55 Friends 32**

**Friday 1/27 CSH vs. Malverne 6:15 PM Away**

**Tuesday 1/31 CSH vs. Locust Valley 7:00 PM Home**

**Varsity Boys Wrestling**

**CSH 64 Roosevelt 18**

**Varsity Boys Swimming**

**Friday 1/27 CSH vs. Plainview JFK 5:00 PM Away**

**Tuesday 1/31 CSH vs. Bellmore JFK 4:15 PM Away**

**Varsity Girls Gymnastics**

**CSH 134.35 Southside HS 142.10**

**CSH 137.30 Port Washington 135.90**

**Friday 1/27 CSH vs. Hicksville 4:30 PM Away**

**Monday 1/30 CSH vs. Roslyn 7:00 PM Home**

**Varsity Boys Ice Hockey**

**Monday 1/23 CSH vs. Long Beach 8:00 PM Away**

**Tuesday 2/07 CSH vs. Bethpage 7:30 PM Away**

**Varsity Fencing**

**Wednesday 1/30 CSH vs. Oyster Bay HS 5:00 PM Away**

**REMAINING SCHEDULE.... SEE PLAYOFF SCHEDULE ON WEBSITE SOON TO BE POSTED...**

| <u>Game Date</u> | <u>Game Time</u> | <u>Sport</u>     | <u>Level</u> | <u>Type</u> | <u>Visitor</u>                                 | <u>Home</u>                                      | <u>Site</u>                   |
|------------------|------------------|------------------|--------------|-------------|--|--|-------------------------------|
| Fri - 1/27/2012  | 7:45 PM          | BOYS BASKETBALL  | Varsity      | League      | <a href="#">MALVERNE HS</a>                    | @ <a href="#">COLD SPRING HARBOR HIGH SCHOOL</a> |                               |
| Fri - 1/27/2012  | 5:00 PM          | SWIMMING BOYS    | Varsity      | League      | <a href="#">COLD SPRING HARBOR HIGH SCHOOL</a> | @ <a href="#">PLAINVIEW JFKHS</a>                |                               |
| Fri - 1/27/2012  | 6:15 PM          | GIRLS BASKETBALL | Varsity      | League      | <a href="#">COLD SPRING HARBOR HIGH SCHOOL</a> | @ <a href="#">MALVERNE HS</a>                    |                               |
| Fri - 1/27/2012  | 4:30 PM          | GYMNASTICS GIRLS | Varsity      | Non League  | <a href="#">COLD SPRING HARBOR HIGH SCHOOL</a> | @ <a href="#">HICKSVILLE HS</a>                  |                               |
| Mon - 1/30/2012  | 6:00 PM          | SWIMMING BOYS    | Varsity      | League      | <a href="#">BELLMORE MERRICK DISTRICT</a>      | @ <a href="#">COLD SPRING HARBOR HIGH SCHOOL</a> | <a href="#">BETHPAGE HS</a>   |
| Mon - 1/30/2012  | 5:00 PM          | FENCING          | Varsity      | League      | <a href="#">COLD SPRING HARBOR HIGH SCHOOL</a> | @ <a href="#">OYSTER BAY HS</a>                  | <a href="#">VERNON SCHOOL</a> |
| Mon - 1/30/2012  | 7:00 PM          | GYMNASTICS GIRLS | Varsity      | League      | <a href="#">ROSLYN HS</a>                      | @ <a href="#">COLD SPRING HARBOR HIGH SCHOOL</a> |                               |
| Tue - 1/31/2012  | 6:30 PM          | BOYS BASKETBALL  | Varsity      | League      | <a href="#">COLD SPRING HARBOR HIGH SCHOOL</a> | @ <a href="#">LOCUST VALLEY HS</a>               |                               |
| Tue - 1/31/2012  | 7:00 PM          | GIRLS BASKETBALL | Varsity      | League      | <a href="#">LOCUST VALLEY HS</a>               | @ <a href="#">COLD SPRING HARBOR HIGH SCHOOL</a> |                               |
| Wed - 2/1/2012   | 5:00 PM          | GYMNASTICS GIRLS | Varsity      | League      | <a href="#">COLD SPRING HARBOR HIGH SCHOOL</a> | @ <a href="#">GNS HS</a>                         |                               |
| Thu - 2/2/2012   | 7:00 PM          | BOYS BASKETBALL  | Varsity      | League      | <a href="#">EAST ROCKAWAY</a>                  | @ <a href="#">COLD SPRING HARBOR HIGH SCHOOL</a> |                               |
| Thu - 2/2/2012   | 7:15 PM          | GIRLS BASKETBALL | Varsity      | League      | <a href="#">COLD SPRING HARBOR HIGH SCHOOL</a> | @ <a href="#">EAST ROCKAWAY</a>                  |                               |

**REVISED MODIFIED SPORTS LEGEND: MODIFIED SPORTS LEGEND:** When logging on to Interscholastic Athletics use the following to access the correct schedule: **WINTER II IS IN RED**

**7<sup>th</sup> grade girls' basketball: COLD SPRING HARB 7 WHITE: Coach Mercer**

**8<sup>TH</sup> grade girls' basketball: COLD SPRING HAR 8 RED: Coach Connolly**

**7/8<sup>TH</sup> girls' basketball: CLDSPR JH BLUE: Coach Towers**

**7/8<sup>TH</sup> boys' volleyball: COLD SPRING HBR JHS: Coaches Martino & Gaufman**

**7/8<sup>th</sup> boys' wrestling: COLD SPRING HBR JHS: Coach Servidio**

Saturday, February 11<sup>th</sup> Varsity Gymnastics will host Nassau County Coaches Invitational featuring all schools that have Gymnastics teams in Nassau County.

**LACROSSE FASHION SHOW ON SATURDAY MARCH 3<sup>RD</sup>, 2012 @ 7PM IN THE PAC**

*See attached Flyer*

**VARSITY AND Jr. HIGH SCHOOL ICE HOCKEY:** Schedules can be gotten from link below:

<http://www.longislandhshockey.net/HSHLNC - MASTER SCHEDULE 2011-2012 as of 10-18-2011.pdf>

**VARSITY TEAM HAS HUGE WIN OVER LONG BEACH:** *See attached article*

<http://www.newsday.com/sports/high-school/high-school-underblog-1.1688813/csh-tops-long-beach-to-continue-late-season-surge-1.3459604>

**UPCOMING VARSITY ICE HOCKEY CONTEST: Tuesday, Feb. 7, 2012 @ 7:30pm @ Bethpage**

**UPCOMING Jr. HS CONTEST: Sunday, January 29<sup>th</sup> @ 6pm**

**UPCOMING CODE OF CONDUCT MEETINGS:**

**VARSITY AND JV SPRING MEETING: WED. MARCH 14<sup>TH</sup> @ 7PM-** Featured Speaker is Jack Renkens- Topic: "Recruiting Realities"

**Jr. HS SPRING MEETING: MONDAY, APRIL 2<sup>ND</sup> @ 7PM –** Featured Speaker will be Rick Wolff-Sports Personality from Radio WFAN

**A LITTLE COMMENTARY:**

**Probably saw the best and most exciting game the other day:** Coach Tower's 7<sup>th</sup> grade basketball team defeated Weber Jr. HS (Port Washington) in overtime on a jump shot by Matt Liccardi. To get to that pivotal point other members of the team got us to that point. Excitement was abounding in the field house. We had apparently lost to Weber at their place by 20 points. The kids were so excited. Congratulations to Coach Towers and his team: Ben Basil, Dominic Doria, Matt DeGennaro, Reese Grossman, William Heinz, Kane Jaklitsch, Ian Laviano, Matt Liccardi, Connor Lynn, Macoy Marion, Tyler McBride, Anthony Natoli, Taylor Strough, Cole Szanja, Griffin Kugler and Matt Taglich.

**In addition: saw another contest that we all should be proud of:** Mr. Wolf's 8<sup>th</sup> grade team lost a tough game to Weber at home but there was a student that did not make the team that kept the score book for Mr. Wolf all year long and for the last game he got to get into the game for a couple of minutes...It was great to see all of our 8<sup>th</sup> grade team members cheer for this young man and pass to him so he could score. So much for Winning and Losing...it did not matter in the end...the only thing that mattered was this young man being welcomed onto the floor as everyone cheered him on. There was another young man who also scored his first baskets of the season. Again the Field House was jumping for joy...Matt Amendola, Devin Burdo, Riley Cox, Eddie Fox, Anthony Greco, Todd Hindman, Matt Iacone, Alex Kaley, James Kessler, Mason Marion, Michael Murphy, John Schuman, Tom Vavassis, Zachary Wang, Andrew Weld, and Chris Wilcox.....and McLean Carlin

**Great Spirit and Great Camaraderie shown in both games...**

## ABRAHAM LINCOLN OVERCOMING FAILURE

*Based on his past record of failures, Abraham Lincoln had no right to think he could win the presidency of the United States. But that didn't keep him from trying. Consider this...*

**Abraham Lincoln...**

*Failed in business @ age 21.*

*Was defeated in a legislative race at age 22.*

*Failed again in business @ age 24.*

*Overcame the death of his sweetheart @ age 26*

*Had a nervous breakdown @ age 27*

*Lost a congressional race @ age 34.*

*Lost a congressional race @ age 36.*

*Lost a senatorial race @ age 45.*

*Failed in an effort to become vice-president @ age 47.*

*Lost a senatorial race @ age 47.*

**WAS ELECTED PRESIDENT OF THE UNITED STATES @ AGE 52!**

### THOUGHT PROVOKING:

Lastly a great article in Sports Illustrated: January 9, 2012...See scanned attachment

**RESPECTFULLY SUBMITTED,**

**Jim Amen Jr.**

And as always "It is the choices that make us who we are and we can always choose to do what is right" .....AND...

**Quote of the Month:**

"When I was younger I thought success was something different. I thought, " When I grow up, I want to be famous. I want to be a star. I want to be in movies. When I grow up I want to see the world, drive nice cars. I want to have groupies." But my idea of success is different today. For me, the most important thing in your life is to live your life with integrity and not to give into peer pressure, to try to be something that you're not. To live your life as an honest and compassionate person. To contribute in some way." - Ellen DeGeneres

# THE SANDUSKY EFFECT

By PHIL TAYLOR | →



**A**t the risk of having all the coaches I've criticized as a sportswriter show up to heckle me at my team's next game, I will reveal that I am the boys' junior varsity basketball coach at Summit Prep, a small charter high school in Redwood City, Calif. We practice in the evenings, and more than a few times I have had players ask me for a ride home from the gym. I have always said yes, not just because I don't want them walking to the bus stop in the dark, but also because the one-on-one conversations in the car make going a little out of my way more than worthwhile. Sitting in the passenger seat, boys talk to me about the pros and cons of attending school dances, or give 10-minute tutorials on hip-hop, or tell me what they're looking for in a college. But there won't be any more of those chats, at least not in my car, because I don't drive kids home anymore. Not since Sandusky.

The recent allegations of child sexual abuse against Jerry Sandusky, the former Penn State assistant football coach, and Syracuse basketball assistant Bernie Fine are still unproved—and both men have denied the charges—but they have nevertheless reminded everyone that pedophiles are often drawn to youth coaching because it brings them into contact with so many potential targets. The increased attention has made victims more willing to come forward and parents more vigilant about the people who coach their children, both of which are welcome developments.

But what about the overwhelming majority of coaches, those of us who have no dark motives? In the post-Sandusky world, we think more than ever about avoiding the slightest appearance of impropriety. I consider how the simple act of driving a 14-year-old boy home might be misinterpreted, especially after reading accounts about how predators often use such rides to gain trust. I recognize that I would have no proof to the contrary if, a couple of months, years or decades from now, one of my players for some reason claimed that something horrible had happened in my car.

I make sure I'm out of the locker room before my players begin changing into their uniforms. When they come out of the game

**AS A JAYVEE COACH, I MAKE SURE I'M OUT OF THE LOCKER ROOM WHILE PLAYERS CHANGE. WHEN THEY COME OUT OF A GAME, I WONDER IF IT'S O.K. TO SQUEEZE A SHOULDER AS A SIGN OF APPRECIATION.**

and walk past me toward the bench, for a split second I even wonder whether it's acceptable to give them a squeeze on the shoulder as a sign of appreciation for their hustle. Other coaches tell me that they, too, often have the thought flash across their mind: *How is this going to look?* And we share our anger toward those twisted souls for all the damage they've done to children, as well as for making us think about harmless behavior we used to take for granted.

It's not that I'm offended by the scrutiny. I realize that it's the price of an increased awareness that will make it harder for pedophiles to masquerade as well-intentioned mentors. We all know by now that this kind of evil rarely arrives with a trench coat and a leering grin, that sometimes the most "normal" looking adults can do horrible things in secret. "It's important for coaches not to take it personally or be defensive," says Jim Thompson, founder of the Positive Coaching Alliance, a national nonprofit organization based in Mountain View, Calif., that gives coaches strategies for making youth sports a character-building experience. "It's easy to be indignant and think, How could someone even suspect I'd be capable of something so awful? But coaches just have to get past it and realize that it's all a part of the effort to keep kids safe."

Another part of that effort, Thompson believes, should be encouraging every youth sports organization to create a written set of rules that minimize the opportunities for inappropriate contact between coaches and players. The PCA is in the process of drafting guidelines for coaches, parents and youth-league administrators that include how to spot behavioral signs characteristic of possible abuse, as well as provide advice for adults who are uncertain about what to do if they have any suspicions. (One recommendation: Contact the National Children's Alliance, at [nca-online.org](http://nca-online.org) or 1-800-239-9950.)

Thompson suggests that coaches meet with parents before every season and address the issue directly. "As a coach," he says, "you might tell them something like, 'It's a really high priority that the kids you have entrusted to me are safe in every way, and I will go out of my way to avoid situations that might worry you.'"

None of the parents of my players have ever expressed such worries, and it's not as though I feel I'm being watched with a suspicious eye. It's more that honorable coaches now feel the need to make sure no one could ever associate us with that kind of horrific behavior. So we add our own rules to whatever policies the schools and leagues have to offer, not only for the players' protection but also for our own.

The fact that it's necessary makes it no less sad. We take care to make sure the gym door is wide open if one kid wants to stay and work on his free throw shooting, and we limit physical contact to gestures like a high five or a fist bump. We talk less about reaching out to our players or getting close to them, because those phrases have taken on unsavory connotations. One-on-one interaction between player and coach, innocent and valuable, is lost. We get behind the wheel of our car after practice, and we leave the passenger door locked. □



Presents:

# **Varsity Lacrosse Spring Fundraiser**

## **5<sup>th</sup> Annual Stick With Us Fashion Show**

**Friday, March 3<sup>rd</sup>, 7P.M.**

*To support the lacrosse team spring trips...*

*"Celebrity Models" and our own*

*Varsity lacrosse players feature*

*Spring 2012 fashions from local retailers.*

**Create a family or business ad for the journal.**

[ruegermc@verizon.net](mailto:ruegermc@verizon.net)

**Purchase raffle tickets and show tickets.**

Raffles: \$10 each or five for \$45. Show tickets: \$10. See players.

**Join us for the evening.**

**We appreciate your support!**